

What You Need in Your Car

First Aid Kit

Always have a First Aid Kit with you when driving your car.

The following items should be included:

- Adhesive tape
- Sterilized gauze bandage
- Sterilized gauze pads
- Plastic band strips
- Disinfectant salve, Mercurochrome, Merthiolate, or iodine
- Small scissors
- Aspirin or other pain relievers
- Tweezers
- Something to relieve itching, burning eyes
- Hand sanitizer

Auto Tool Kit

A tool kit is also essential and should include:

- Screwdrivers
- Pliers
- Set of good socket wrenches
- Duct tape
- Electrical wire tape
- Electrical wire spray
- Flashlight with extra batteries
- Small fire extinguisher
- Jumper cables
- Flares

Always make sure you have the car jack and a lug wrench in your car and that the spare tire is inflated to its correct pressure.

Source: Car Care Council - www.carcare.org